

as of 8-29-21	U4	U5/6	U7	U8	U9	U10	U11-12	U13-14	U15-16	U17-19	Adult
Field Information											
Field Size (yards)	20x30	20x30	30x40	35x50	45x60	45x60	50x75	65x110	65x110	65x110	70x110
Goal Size (feet)	4x6	4x6	4.5x9	4.5x9	6.5x18	6.5x18	6.5x18	8x24	8x24	8x24	8x24
Players											
Maximum	3	4	5	5	7	7	9	11	11	11	11
Minimum	3	3	3	3	5	5	7	7	7	7	7
Game Time (minutes)											
Quarters	6	8	10	10	-	-	-	-	-	-	-
Halves	-	-	-	-	25	25	30	35	40	45	40
Breaks (minutes)											
Quarters	2	2	2	2	-	-	-	-	-	-	-
Halves	5	5	5	5	10	10	10	10	10	10	10
Ball Size	3	3	3	3	4	4	4	5	5	5	5
Goalkeeper	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Offside	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Restarts (Touchline)	Kick In	Kick In	Throw In*	Throw In*	Throw In	Throw In	Throw In	Throw In	Throw In	Throw In	Throw In
Restarts (Kicks)	IFK	IFK	IFK	IFK	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA	FIFA
Punts	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Separation (yards)	3	3	4	4	8	8	10	10	10	10	10
Two Touch Violation	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Penalty Kicks	No	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Crease*	Yes	Yes	No	No	No	No	No	No	No	No	No
Substitutions											
Quarters	Yes	Yes	Yes	Yes	-	-	-	-	-	-	-
Half	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Injuries	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Throw In*	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goal Kicks	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goals	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Cautioned Player	-	-	-	-	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Ref Decision	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Stoppage	-	-	-	-	-	-	-	-	-	Yes	Yes
NOTES:											
Chart Notes											
(AGE)X	Small Sided - not the normal full sided game; TSA will announce before season number of players										
Youth Small-Sided Rules	Small Sided										
Throw In (U7, U8)	Redo if done incorrectly										
Crease	Do not allow a player to remain standing in the crease playing defense; Ball must enter first										
Goal kicks (U4 - U6)	Taken at top of crease; Opponents must be back according to Separation above										
Goal kicks (U7 - U8)	Goal Area										

Throw In Substitution	(U9 and above) If the team taking the throw in substitutes, then the opponent may substitute
No Heading (U12 & below)	(U12 and below) no deliberate heading
	Deliberate heading violation is an IFK but is NOT a foul
	IFK at spot of foul with goal area exception IAW with LOTG
	No advantage may be given - the violation takes precedence
	No persistent infringement is possible because it is not a foul